

**NEW PATIENT MEDICAL HISTORY
SPINE SURGERY**

Patient Name: _____ **Date of Birth:** _____

Gender Identity (Optional) _____

Please provide as much detail as you are able so that we can give you the safest and best care possible.

Preferred Pharmacy (name and location): _____

Primary Care Provider

Name: _____ **Phone #:** _____

Address: _____ **Fax #:** _____

Briefly describe the onset of your current pain and events preceding your pain. When and how did it begin?

List all providers who have treated you for this issue: _____

Did you bring X-Rays / EMG / CT / MRI today? Yes No

Is this a work related injury? Yes No If yes, will you be using workman's comp benefits? Yes No

ALLERGIES

List any allergies and intolerances to **medications, food or the environment.** No Known Allergies

Allergy:	Reaction:

MEDICATIONS

Not taking any medications

List any medications, vitamins, supplements, and over the counter medications you are taking, with dose and how often.

Medication Name:	Dose:	How often?

Are you on aspirin or a blood thinner, such as Warfarin / Xeralto / Plavix / Coumadin / Pradaxa?

Yes No If yes, medication with dose and frequency: _____

If no, has a physician advised you not to take aspirin? Yes No

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MEDICAL HISTORY

List all medical conditions you are being treated for (high blood pressure, etc.)

1.	4.
2.	5.
3.	6.

Have you had any recent hospitalizations or ER visits (provide dates and reason below)?

No prior hospitalizations/ER visits

Date	

SPINE SURGICAL HISTORY

List all prior surgeries especially spinal and the date No prior surgeries *Outcome (Poor, good or excellent)

Date	Type of Surgery	*Rate the outcome	Date	Type of Surgery	*Rate the outcome

FAMILY HISTORY

List health conditions for each family member.

	Alive	Deceased	Age of Death	Health Condition(s)
Father				
Mother				
Brothers				
Sisters				
Daughter				
Son				

SOCIAL HISTORY

Occupation _____ Employer _____

Tobacco/smoking status:	<input type="checkbox"/> Never				
	<input type="checkbox"/> Current	Type	Amount	Duration	
	<input type="checkbox"/> Former	Type	Amount	Duration	
Do you use alcohol?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Type	Amount	Frequency
Do you use recreational drugs?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Type	Amount	Frequency
Do you use Caffeine?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Type	Amount	Frequency

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PAIN ASSESSMENT

When did symptoms begin: ____/____/____

Which is your dominate hand? Right / Left

Location of pain/symptoms:

- Brain/head Face Neck Arm(s)
 Upper back Lower back Hip Leg(s)

Severity of Pain (0=min, 10=max): _____

Pain Frequency: (mark all that apply)

- Rare Occasional Constant
 Stairs only Stairs and walking

Status:

- Worse Stable Improving Resolved

Radiation of pain:

No Yes, radiates to: _____

- Aching Burning Dull
 Piercing Sharp Throbbing

Other: _____

Injury/Trauma? No Yes

If Yes, when/where? (work, school, vacation, automobile, other): _____

Aggravated by: (mark all that apply)

- Bending Lifting Sitting
 Climbing stairs Movement Standing
 Descending stairs Pushing Walking

Nothing

Other: _____

Prior treatment: (mark all that apply)

- Brace/splint Ice Mobility
 Elevation Injection Stretching
 Exercise Massage Physical Therapy
 Heat Rest Nothing

OTC/prescription meds: _____

Other: _____

Did any of the prior treatments above give relief?

If so, please list: _____

Associated symptoms: (mark all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Bruising | <input type="checkbox"/> Limping |
| <input type="checkbox"/> Spasms | <input type="checkbox"/> Pain after inactivity |
| <input type="checkbox"/> "Crunching" | <input type="checkbox"/> Locking |
| <input type="checkbox"/> Swelling | <input type="checkbox"/> Stiffness |
| <input type="checkbox"/> Decreased mobility | <input type="checkbox"/> Wake at night |
| <input type="checkbox"/> Tingling in arms | <input type="checkbox"/> Tingling in legs |
| <input type="checkbox"/> Pain at night | <input type="checkbox"/> Difficulty going to sleep |
| <input type="checkbox"/> Joint feels unstable | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Joint tenderness |
| <input type="checkbox"/> "Popping" | |

Other: _____

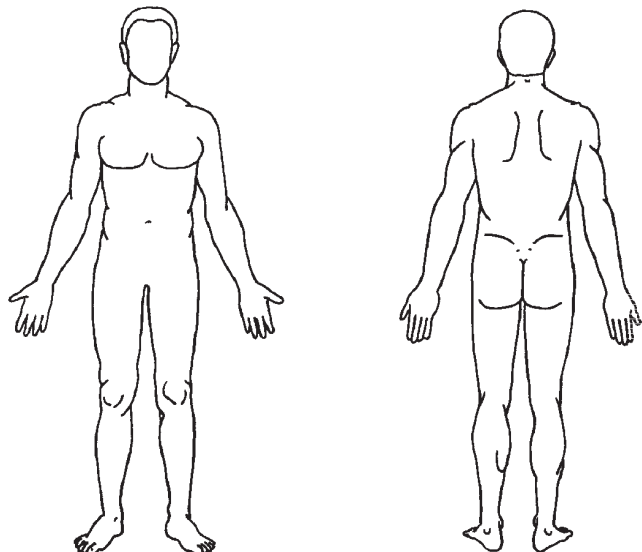
Functional Abilities: Can you...

- | | | | |
|-------------------|--------------------------------------|--|--|
| Get in/out of car | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Kneel | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Put on sock/shoes | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Go down stairs | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With a rail |
| Go up stairs | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With a rail |
| Sit in chair | <input type="checkbox"/> 1 hr. | <input type="checkbox"/> 30 min. | <input type="checkbox"/> Difficult |
| Walking distance: | <input type="checkbox"/> indoors | <input type="checkbox"/> Less than 5 blocks | |
| | <input type="checkbox"/> 5-10 blocks | <input type="checkbox"/> More than 10 blocks | |

Do you require a...

- Cane Crutches
 Walker Wheelchair None

Indicate on the drawing below where you have symptoms.



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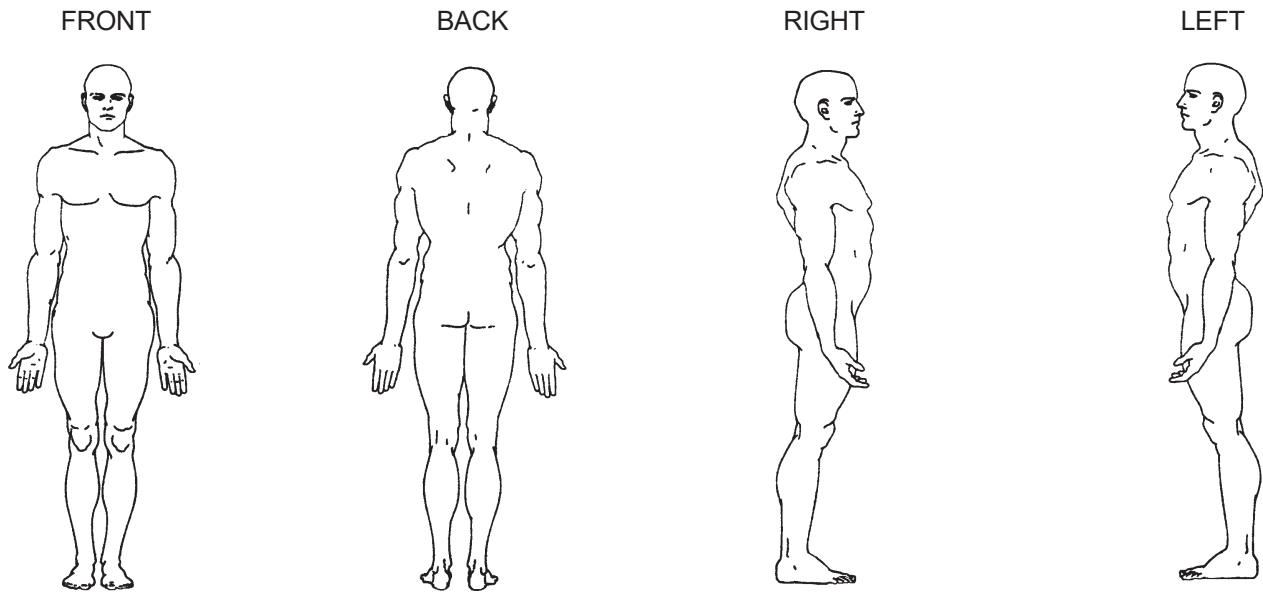
NUMBNESS/TINGLING

This section pertains to numbness/tingling **only**. Questions about pain are on the previous page.

Do you feel numbness or tingling?

- No
 Yes

If Yes, please mark on the figure below to show where you feel **numbness (loss of feeling) or tingling (pins and needles)**.



My numbness and tingling is made worse while

- Walking Running Standing Sitting Bending Lifting Driving
 Heat Ice Exercising Frequent change of position
 Sports (list) _____ Other (describe) _____
 Nothing makes my numbness/tingling worse

My numbness and tingling is made better while

- Walking Running Standing Sitting Bending Lifting Driving
 Heat Ice Exercising Frequent change of position
 Sports (list) _____ Other (describe) _____
 Nothing makes my numbness/tingling better

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